

# Tailored Learning Using Affective Computing for Automation Students

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<https://doi.org/10.52744/AUCSFLSA.2025.01.04>

## Abstract

*This article explores the application of Affective Computing in Automation education in order to facilitate tailored learning experiences. Affective Computing, which involves the use of Emotional Artificial Intelligence (EAI), enables systems to recognize and respond to students' emotional states, thereby personalizing learning. By monitoring emotions such as frustration, engagement or stress, Affective Computing can adjust the learning content, task difficulty and feedback in real-time, ensuring that each student receives support based on their emotional and cognitive needs. This approach would enhance motivation, reduce stress and promote effective learning, leading to positive outcomes in the complex and demanding field of Automation.*

**Keywords:** personalized learning, emotional challenges, performance, opportunity

## Rezumat

*Acest articol explorează aplicarea Inteligenței Artificiale Afective în educație, în domeniul Automaticii, pentru a facilita experiențe de învățare personalizate. Affective Computing, domeniu care implică utilizarea Inteligenței Emoționale Artificiale (EAI), permite sistemelor să recunoască și să răspundă la stările emoționale ale elevilor, personalizând astfel învățarea. Prin monitorizarea emoțiilor precum frustrarea, implicarea sau stresul, Affective Computing poate ajusta conținutul învățării, dificultatea sarcinii și feedback-ul în timp real, asigurându-se că fiecare elev primește sprijin pe baza nevoilor sale emoționale și cognitive. Această abordare ar spori motivația, ar reduce stresul și ar promova învățarea eficientă, conducând la rezultate pozitive în domeniul complex și solicitant al Automaticii.*

**Cuvinte cheie:** învățare personalizată, provocări emoționale, performanță, oportunități

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## **Introduction**

In modern education, the push towards personalized learning is more evident than ever before (Chirițescu, Păunescu: 2017), especially within the framework of the technical field of Automation. The traditional "one-size-fits-all" model of education, in which all students receive the same instruction, has increasingly been replaced by approaches that recognize individual learning styles, emotional responses and cognitive abilities (Bărbuceanu: 2020). Automation, a discipline that combines elements of Robotics, Control Theory, Computer Science and Systems Engineering, presents particular challenges for students due to its abstract concepts and demanding practical applications. Affective Computing offers a promising solution to address these challenges by tailoring learning experiences to students' emotional and cognitive states. Affective Computing refers to the development of EAI systems capable of recognizing, interpreting and responding to human emotions. These systems utilize a variety of technologies such as facial expression analysis, voice sentiment analysis and physiological signal monitoring to gauge emotional states. By integrating these emotional insights with educational tools, Affective Computing may facilitate a more personalized and supportive learning environment. We will explore the benefits and applications of tailored learning for Automation students through the use of Affective Computing, focusing on how Emotional Artificial Intelligence can enhance engagement and performance.

## **Understanding the Key Components of Affective Computing in Education**

Affective Computing in education involves using AI technologies to recognize and respond to students' emotional states (Yadegaridehkord et al.: 2019). By understanding students' feelings - whether they are frustrated, motivated, confused or engaged - EAI can modify the learning experience to better suit individual needs. Affective Computing systems typically rely on a combination of sensors and algorithms to detect and interpret emotional data. These systems can analyze, for instance, facial expression. By using computer vision technology, Affective Computing systems can analyze facial movements to detect emotions such as happiness, sadness, surprise or frustration (Canedo & Neves: 2019). Sentiment analysis algorithms can also analyze voice pitch speed and tone to gauge emotional states during conversations or presentations. Moreover, by monitoring heart rate, skin conductivity and other physiological signals, Emotional AI can assess levels of stress, anxiety or excitement (Kaklauskas et al.: 2022). Last but not least, Emotional AI can



also analyze students' behavior in real-time conditions - such as body language, posture and eye contact in order to provide insights into their emotional engagement or disengagement (Kim, Soyata & Behnagh: 2018). All these emotional signals help create a more adaptive, responsive learning environment that is tailored to meet students' specific emotional and cognitive needs.

### **The Importance of Tailored Learning in Automation Education**

Automation is a multidisciplinary field that demands not only intellectual capabilities but also emotional resilience. The integration of Emotional AI into this field has the potential to significantly improve students' learning outcomes by providing a personalized, engaging and emotionally supportive learning experience.

#### **A. Complexity of Automation Education**

Automation involves challenging topics such as Control Theory (mathematical modeling and feedback systems), Robotics (the design, construction and operation of robots), Embedded Systems (programming hardware to perform specific functions) or Industrial Automation (the use of control systems for manufacturing processes). All these topics require both theoretical understanding and hands-on application. The pace and complexity of the subject matter can lead to cognitive overload, anxiety and disengagement, especially for students who may struggle with specific areas of the curriculum. Tailored learning can alleviate these issues by addressing individual learning needs and emotional states.

#### **B. Emotional Challenges in Automation Education**

Due to the technical and complex nature of Automation, students often face emotional challenges when struggling with challenging problems or coding errors, all which can lead to frustration. They may also feel bored, in circumstances in which repetitive tasks or unclear explanations can make students feel disengaged. Stress and anxiety are also emotional challenges to be experienced by students when they are under pressure to perform well in practical projects, assignments or exams. By using Affective Computing, professors can monitor these emotional responses and adjust learning materials, tasks or teaching strategies to help students overcome these barriers.

### **How Affective Computing Enables Tailored Learning**

Affective Computing allows for dynamic, real-time adjustments to the learning environment based on students' emotional feedback (Aranha, Corrêa & Nunes: 2019). The ability to detect and respond to emotions opens up several pathways for personalized learning,



particularly in the context of Automation education. Here is a series of possible solution, as follows:

- Monitoring Emotional Engagement

Emotional AI systems can continuously track students' emotional states, offering valuable insights into their levels of engagement. For instance, if a student shows signs of frustration or boredom during a lesson on control systems, Emotional AI can adjust the presentation style, break down the material into more digestible chunks of data or offer extra support. Moreover, when students exhibit signs of excitement and interest, the system can introduce more advanced topics or engage them in problem-solving activities that challenge them further. By recognizing emotional engagement, Emotional AI systems can ensure that students are appropriately challenged without feeling overwhelmed or under-stimulated (West: 2018).

- Personalized Task Difficulty Adjustment

Affective Computing can adjust the difficulty of tasks based on students' emotional and cognitive states. For example, if a student becomes frustrated with a specific concept - such as control algorithms - the Emotional AI system can present simpler, step-by-step explanations, offer interactive simulations (Mohseni, Zarei & Ragan: 2021) or provide hints to guide them through the problem. Moreover, if a student is consistently performing well and demonstrates high engagement, Emotional AI can introduce more advanced tasks, encourage critical thinking and promote independent learning through complex projects. This adaptive approach ensures that students are neither bored nor stressed but instead engaged at an optimal level.

- Real-Time Feedback and Emotional Regulation

Real-time emotional feedback can also provide students with immediate insight into their learning progress. For example, when students receive feedback on their Robotics or Mechatronics projects, Affective Computing can assess their emotional reaction to the feedback. In situations when a student becomes upset by criticism or discouragement, Emotional AI can offer positive reinforcement (Hayat et al.: 2024), explain the constructive nature of the feedback and suggest ways to improve. What is more, if students react positively, Emotional AI might provide additional challenges or invite them to explore deeper aspects of the project. This feedback loop helps students regulate their emotional responses, build resilience and maintain motivation in the face of challenges.

- Adaptive Learning Pathways

Affective Computing supports the creation of individualized learning pathways. For instance, Emotional AI can suggest personalized learning resources, such as tutorials or videos, based on the student's



emotional state and performance. If a student feels overwhelmed by a particular subject, Emotional AI may recommend focusing on foundational concepts before progressing to more complex topics. These adaptive pathways ensure that each student receives a customized learning experience tailored to their needs, helping them build confidence and succeed academically.

### **Enhancing Motivation and Reducing Stress**

Automation Students often experience stress due to the complexity of the material and the pressure of deadlines and projects. Affective Computing can help manage and alleviate this stress by promoting motivation, emotional well-being and stress-reduction techniques. Motivating students in highly technical fields like Automation can be challenging. Emotional AI systems can provide real-time emotional support by recognizing when students are demotivated or discouraged. Positive reinforcement, such as praise for effort, can help maintain or boost students' confidence and drive. To be more specific, if a student demonstrates persistence in solving a tough control theory problem, Emotional AI can recognize the effort and offer praise, motivating the student to keep working. Affective Computing can also provide small rewards for achievements (e.g., completing a task, solving a problem), which can lead to an increase in motivation and a sense of accomplishment. The high demands of education can lead to stress and burnout (Flook et al.: 2013), especially in the field of Automation. Emotional AI can play a crucial role in identifying students who are experiencing high levels of stress. By monitoring physiological signals like heart rate variability or skin conductivity, Emotional AI can recognize signs of anxiety or tension. In response, it can suggest stress-relief techniques such as deep breathing exercises, mindfulness activities or simply taking breaks. In other cases, it can provide a calming response or prompt students to take time for self-care, ensuring that stress does not negatively impact their learning or well-being. Affective Computing can also help students develop emotional regulation skills. By providing emotional feedback and suggesting strategies for managing negative emotions, Emotional AI systems can promote a more balanced approach to learning. Students can be guided through exercises that help them recognize and cope with frustration, anxiety or self-doubt, leading to enhanced emotional resilience.

### **Collaborative Learning and Group Dynamics**

Affective Computing can enhance collaborative learning experiences in Automation by improving communication and



understanding within groups of students. In group projects, which are common in the field of Automation education, students may face challenges related to collaboration, especially when working under pressure. Here we can identify at least two types of difficulties that can be overcome with the help of Affective Computing:

- Monitoring Group Emotional Dynamics

Emotional AI can monitor the emotional dynamics of groups working on projects. If one group member exhibits signs of frustration or disengagement, the system can prompt the group to check in with that individual, offering support or alternative perspectives. In situations where communication breakdowns occur, Emotional AI can provide suggestions for more effective collaboration, encouraging empathy and constructive feedback.

- Fostering Positive Group Interactions

By detecting positive emotions such as cooperation and excitement, Affective Computing can encourage groups to build on these moments and deepen their collaboration. Additionally, when negative emotions arise, Emotional AI can provide conflict resolution strategies and encourage empathetic communication in order to resolve misunderstandings.

### **All things considered...**

Affective Computing offers an exciting opportunity to revolutionize the learning experience for students in Automation by tailoring lessons, tasks and feedback to individual emotional states and learning needs. By addressing students' emotional and cognitive challenges, Emotional AI can enhance engagement, motivation and performance, all while providing critical emotional support. With the help of real-time feedback, personalized task difficulty adjustments and stress-reduction techniques, Affective Computing can create a more dynamic and responsive learning environment. As Emotional AI continues to evolve, its integration into Automation education promises to provide a more personalized, supportive and successful educational experience for students.

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